



To Our Friends and Center Family,

Would you consider pledging your support to Healing Therapies Thru Sharing, a 501c3 Nonprofit Charity? Dedicated to providing Oncology Massage and support services to individuals with cancer and their caregivers.

Our hope is to have a minimum of 100 Champions that will donate \$100 per quarter. Combining donations together, we can provide up to 83 therapeutic sessions for every quarter that could include:

1. Oncology Massage, Pediatric Oncology Massage, Yoga4Cancer, CranioSacral Therapy, Manual Lymphatic Drainage, Lymphedema Treatments, Reiki, and End of Life Care.
2. Training for providers to have the best and latest methods to give care and treatment to our patients.

Bringing a community of Champions together generates a combined effort that magnifies the ability and the affect of the one. Together, all of you can be a sustaining support to our patients. You will give them hope, comfort, peace, and a place of belonging.

Would you be that Champion to pledge \$100 per calendar quarter for one year? Of course, you could continue your support thereafter, we would be so grateful!

Donation Dates:

December 1st, 2022 (You may choose to donate all four quarters in one installment at \$400)

March 1st, 2023

June 1st, 2023

September 1st, 2023

Gentle reminders will be sent before the coming quarter. You will receive at years end, an acknowledgement letter that can be used for tax deduction purposes. We will also send you an update, sharing what your generous donation has provided here at the Center.

-Testimonial-

“I still remember my first day at the Center... A lot of tears that I didn’t know I had flowed that day; I was carrying so much inside, and the simple language of touch through gentle and loving massage engaged in an unspoken conversation with my beaten body, heavy heart, and overwhelmed mind—the message: release your burden, you don’t have to do this alone. You are going to be ok. I understand, and I am here.

I recall that I first contacted The Center in hopes of fitting in a few oncology massages and yoga4cancer sessions—I knew these modalities were effective, but could be expensive, and I was conscious about my spending since I was out of work on disability. However, through the generosity of donors, and the work of the Charity, The Center, soon became just that, the center of my treatment and my home base to

regroup. Through the caring and compassionate work of the providers, support group providing an outlet to unburden my fears and release my tears, healing modalities like yoga, massage, reiki and later manual lymphatic drainage to help alleviate side effects and replenish my heart and body, and the love and generosity in providing much needed holiday groceries to alleviate my financial worries and stress so that my family could celebrate. The Center, and every beautiful person who has donated to their mission, has become a centering force in my cancer journey. I could not imagine having gone through this past year without the love, support, and guidance I have been so lucky to receive from everyone at the Center. This journey can be so isolating and lonely, even with a million people around you—but once I found the Center, I no longer felt like I was alone in the dark. The Center has helped me feel the support of a million hands holding me up so that I can see the light and continue this journey stronger every day.” -Paula Ladd-

Simply fill out the information at the bottom of this request. Mail it or drop it off at the Center.

Donations can be:

- Checks; made out to HTTS. Inc (In the memo line please enter “Champion”)
- Cash (Please do not mail cash.)
- VENMO; Healing Therapies Thru Sharing@HealingTherapies-ThruSharing (In the description of payment, please enter “Champion”)

Thank you for your pledge, it means so much to be able to give support to those dealing with cancer TOGETHER!

With Love and Appreciation,

Healing Therapies Thru Sharing, Inc Officers, and Board Members:

Nileen Drzewianowski
Kim Twomey
Keri Lynn Grant
Kimberly McCormick
Brooke Baran
Karen DiSaia
Patrick Doherty MD
Brian Scott-Smith
Bonnie Baran

Name: _____

Date: _____

Email: _____

Address: _____

Phone: _____

I give permission for HTTS to publish my name as a Champion on our wall of honor and Facebook/Instagram.

I wish to remain anonymous.